

Examiner: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Type of Equipment \_\_\_\_\_  
 Model \_\_\_\_\_  
 Serial Number \_\_\_\_\_

# Body Harness Inspection

Perform following examination of one body harness and lanyard by asking the questions listed below.

**NOTE:** *Body harnesses and lanyards are to be periodically washed free of grease, grime and other chemicals so it will be easier to identify signs of wear and/or reasons for discarding the harness and/or lanyard. NEVER discard a harness without first cutting it into small parts that prevent using it at HOME.*

Item #	Examination	√ YES	√ NO
1.	ALL STITCHING at seams and points of attachment are "intact" and NOT broken?		
2.	All attachment points, such as "D" rings, buckles, "bullrings" and nylon loops, are "intact" with NO rust, metal pitting, grease, oil, chemical discoloration, tears or frayed material?		
3.	"Hand" or "feel" of nylon harness material is soft and supple? NOT stiff due to age or chemical exposure?		
4.	Any knots tied in Harness or lanyard? (Remove any and ALL knots.)		
5.	Waist and/or leg padding torn, frayed or cracked?		
6.	ANY BURN marks in webbing from chemicals or other sources of heat?		
7.	Lanyard attachment points are intact with NO tears, frays, rust, broken or loose clips?		
8.	ANY corrosion on dorsal D-Ring, UNDER webbing?		
9.	On "tongue and buckle" type leg strap, do ANY grommets rotate in webbing? (If yes, discard harness NOW!)		
10.	Around grommets, are there ANY cuts or tears in webbing? (If yes, discard harness NOW!)		
11.	Lanyard has ONLY double latch hook and NOT single latch hook? Snap hooks "spring" with NO hang-up or binding?		
12.	Is harness big enough to fit wearer with ALL belts, buckles and snap hooks closed?		
13.	Hang in harness 2"-6" off ground to simulate realistic load. Ask observer to examine seams and adjustments for tears and/or stretching. Seams and adjustments intact? Straps snug enough to prevent wearer from "slipping through"?		

If any **shaded** area is "checked", send harness in to manufacturer for examination, or "cut-up" and discard.